



NEWSLETTER

Cobar High School

1st August 2013

2013

Term 3

xsel Residential

31st July—2nd August

**2014-Year 11 Course
Information Evening**

Wednesday 7th August

PWS / 6pm

Mathematics Competition

Tuesday 13th August

Mid Term Break

Friday 16th August

Monday 19th August

Ronny Gibbs Shield

Wednesday 28th August

NAIDOC Activity Day

Thursday 12th September

Cross Country

Friday 13th September

Period 5 & 6

Year 12 Presentation Day

Friday 20th September

10am

Last Day Term 3

Friday 20th September

First Day Term 4

Monday 7th October



Where There's a Will There's a Way



**Positive
Behaviour
for Learning**

Respect.

Excellence.

Safety

PO Box 454
Phone: 6836 2705

Wetherell Crescent,
Fax: 6836 1142

COBAR NSW 2835
www.cobar-h.schools.nsw.edu.au

Positive Behaviour for Learning (PBL) is integral to our school, and our students display it in so many ways. The Great Race was last term's reward for those many students who achieved a rainbow ram band. All staff and students who participated have raved about the day. Congratulations to the SRC for organising this successful event. The safe way the day was conducted and the respect shown to all just shows how good our students are. See Report on Pages 4 & 5.



We currently have 6 students attending the xsel residential in Dubbo. These students have decided to strive for academic excellence, with the help of their family and school. I applaud them for their efforts.

3 Indigenous High school students went to Cobar Public School and helped in their ' Dreaming Day' this week. They showed a respect for their culture and their input, by all reports, was excellent. More information on their efforts will be in the next newsletter.



Year 12 have their Trial HSC exams in 2 weeks time, and all need to be preparing to do their best. The exam timetable is included in this newsletter and has been given to all students.

Next Wednesday night is the Year 11 2014 subject selection evening. All current Year 10 students and their parents / carers are encouraged to attend. The night will outline the requirements for Year 11 study next year and give you a chance to ask any question you need answered. The night starts at 6pm in the Performance Workshop.

Students showed a respect for the community by participating in Jeans for Genes day today. A great effort for a great cause. A complete rundown of the day, also in the next newsletter.



John Carswell
Relieving Deputy Principal

Executive Staff:

Principal: Sue Francisco
Deputy Principal: Shane Carter
Head Teacher English: Carolyn McMurtrie
Head Teacher Mathematics/PDHPE: Megan Hamblin
Head Teacher Science/TAS: Andrew Watts
Rlg Head Teacher HSIE: Benn Wright
Head Teacher Mentor: Peter Luck
School Admin Manager: Merryn McIntyre

Year Advisers 2013

Year 6: Doug Armstrong
Year 7: Amie Jacklin
Year 8: Cassandra Locke
Year 9: Doug Armstrong (Term 3 rlg for Benn Wright)
Year 10: Todd Fugar
Year 11: Chris Marshall
Year 12: Bianka Jacobson
SRC Co-Ordinator: Chris Marshall
Girls Adviser: Leanne Carswell

Hands-On Engineering Workshop

The Faculty of Engineering at the University of Wollongong visited our school to conduct a "Hands-On Engineering Technology" Workshop on Monday 22nd July 2013.

The main aims of the Workshop were to:

- establish contact with Indigenous High School students, especially those in Years 8, 9 and 10.
- provide students with an opportunity to explore different aspects of Engineering, in a fun hands-on interactive workshop.
- generate interest in Engineering and Technology as possible professions.
- provide students with information on how to pursue higher education and the many alternative pathways into University.

Activities on the day included testing of beams, driver training on an open-wheeler racer simulator, water flow experiments, and milkshake making using pedal power, a cleaner coal experiment and examining the importance of friction.

Students who participated in these activities enjoyed themselves and learnt a lot about Technology and Engineering, we would like to thank the University of Wollongong for the opportunity.



Applications for enrolment in xsel Years 8-10

If you have a student that is identified as Gifted and Talented and who can work independently in a virtual environment then the xsel Selective High School might be the option for them.

- Applications open in June 2013 for entry into Years 8-10 in 2014
- Students must be able to support their applications with School Reports, NAPLAN results as well as a school recommendations from teachers and the Principal
- Application forms are available to download from the xsel website www.xsel.schools.nsw.edu.au
- For more information on selective high schools in general please go to http://www.schools.nsw.edu.au/gotoschool/types.shs_ahs_details.php or contact Carolyn McMurtrie, xsel Support Person at Cobar High School

PBL

Vision Statement

***"Cobar High School
strives for excellence
in a
safe and respectful
environment".***

HSIE

Year 7 culminated their study of Medieval History with a feast day amongst the sunny surrounds of the Middle Quad. Students brought in an assortment of food and beverages, to be shared in a communal setting, much like the medieval feasts of Middle England. Following the banquet, students partook in some medieval games of strength, coordination and teamwork.

With Miss Donaldson away for the beginning of the term, Mr Fogarty will be taking over the MC class. It is Mr Fogarty's second term at Cobar High after he joined us from the Central Coast. This term the students in this class have started completely new topics in each of their subjects. For the first two weeks students have been learning about friction in Science and have enjoyed the interactive whiteboard activities almost as much as the practical experiments! Later in the term, the class will also be visiting the Cobar Bowling and Golf Club, where they will be given a chance to show off their lawn bowling prowess.

In History, students have begun to learn about Native Americans and Australia in the early 1900's. As part of this learning, students have been conducting investigations of Federation Era buildings located within the local community. They have visited local landmarks such as the; Cobar Court House, Old Shire Hall and the Cobar Masonic Lodge. Students in HSIE have also been participating in the whole-school literacy challenge; where students have been asked to convert a famous quote into the briefest text speak possible!

Regards
HSIE Faculty



Welcome Mr Miles, tell us a bit about yourself.



My name is Toby Miles. I've recently come to sunny Cobar from the University of Sydney for a 10-week internship, and frankly, I'm loving it. Cobar seems to have something for everyone: friendly locals and sport coming

out its ears.

Where are you from?

I grew up in Port Macquarie, on the mid-north coast of New South Wales. My parents live in Port Macquarie still and I like to get back and hang out at the beach. Before you ask though, I can't surf.

Initial thoughts on Cobar?

I've found Cobar super welcoming. It's been a real treat to get to know the town and its intricacies. The Camels are a great bunch of players and I'm looking forward to indoor soccer starting next week.



TERM 2 AWARDS ASSEMBLY

RYDA Newsletter Report

On Wednesday the 24th of August Year 11 and 12 students attended a one day RYDA Road Safety Education Schools Program at Cobar Bowling and Golf Club. The program equipped students with the knowledge to stay safe on Australian roads.

Over the day students took part in six interactive sessions on road safety. In the 'Stopping Distances' session students were given the opportunity to participate as a passenger in a vehicle to see the distance it takes a vehicle to stop while travelling at different speeds. This highlighted the importance of driving to the speed limit and the conditions. Students also learnt how to maintain their vehicle, avoid hazards and distractions and listened to a presentation from a young man who had been involved in a vehicle crash and suffered brain and spinal injury. This was a very moving story and reinforced to students the importance of being safe on the road.

Students enjoyed the day and were very involved in each of the sessions.



Paul Scott Visit

Paul Scott is the Manager of the Counselling and Support Unit at the NSW Rural Fire Service. He is a Crisis Intervention Mental Health Specialist with more than 25 years experience in suicide intervention, crisis counselling and hostage negotiation. Paul was invited to be the guest speaker at the Rotary Club of Cobar's annual changeover dinner. The Rotary Club of Cobar also arranged for Paul to speak to Years 11 & 12 students at Cobar High School on Friday 26th July. Paul spoke to the students about some of the different experiences he has had as part of his various counselling and crisis support roles. Paul also shared wisdom about how the choices we make today define what happens tomorrow and encouraged the students to think about the different choices they make. I would like to thank Paul Scott for taking the time to talk with our students and Gordon Hill, the President of the Cobar Rotary Club, for organising the visit.

Megan Hamblin
Head Teacher Mathematics



Cobar High School

Amazing Race

2013

Cobar High Schools AMAZING Race was finally held on Thursday, 25th July after being postponed twice due to bad weather.

The race was made up of three legs. The first leg of the race started in the MPC. The 80 students and 8 teachers were split into 8 teams by the way of picking a card. This determined what team they were in. After all students were in teams the teachers had a pick of a card to see which group they would be with for that day. Leg one consisted of counting 308 chairs in the MPC and then finding their next clue under one of the seats. The next challenge was at the outside basketball courts where they could either unroll a roll of toilet paper without it breaking or they could throw 3 tennis balls into a bin on the other side of the basketball court. The next challenge took them over to the Agriculture Plot to find the next clue in a pillar box hidden in the agriculture plot. From here the clue sent them to the cricket nets at the school and they had to get the batter out three times before they were given the next clue. The next clue they would have to find was near hole 6 on the golf course. From hole 6 they went to the canteen area at Ward oval. The challenge here was that 2 students from the team had to do a three legged walk around the outside track of ward oval and the rest of the team walked with them. After completing the three legged walk around Ward oval the students had to find their way to the Public schools oval where they had the challenge of setting three tents up and then when they had set them up the next challenge was handed to them and it was to pack the three tents up again. Once this was completed the students then proceeded to the meeting point and the end of the first leg.

Leg two started out the front of the pool. From here they proceeded to the Fire Station and here they found a pillar box with a challenge and a dictionary. Here the students had to find certain words in the dictionary and when they had found them the teacher gave them the next clue. From the fire station the team proceeded to the big swings at Drummond Park. At the park one member of the team had to throw a slice of cheese from 2 meters away onto the forehead of another team member and get it to stick. Once this was completed they proceeded to the post office where they had to count how many post boxes that the post office has. After this the students had to pick a post box at random until they picked the box that the teacher had the number for on a piece of paper. From the post office the students proceeded to the Youth Centre. Here they had to bounce a pingpong ball on the table tennis table and into a cup on the other side of the net 3 times. Once this was completed the students were given the next clue to find the building with the longest cast iron veranda. Once they found this place they had a picture out the front and the next clue was in the pillar box. From the Great Western the teacher handed them a photo of a place somewhere in town and that is where the next pillar box was. The picture was of out the front of the medical centre. Here the next clue sent them to the Butchers to find out how many sausages do you get in the \$100 deal. After getting the correct answer from the butchers they then proceeded to the BP and in the pillar box at the BP the challenge was to as a team order and eat \$15 worth of hot chips to receive the next clue. The next clue sent them to the meeting point and the last challenge for Leg 2. The meeting point was at the vacant lot next to the old cinema. Once they arrived there the team had to pick 5 people from the team to drink 10 cans of coke between them and the other team members had to stack the 10 cans in a pyramid to complete the challenge. Then the team could go to the tent and they were informed in what order they had arrived.



Cont 2013 Amazing Race

The start of Leg 3 sent them from the vacant lot next to the cinema to Drummond Park where they had to find 5 straw coloured straws in a bale of straw. From here they went to the Library, where they had to find the book 'Fantastic Mr Fox'. In this book was the next clue and they had to find another book but using the Dewey Decimal clue. When they found the book the next clue sent them to Khans IGA,. At Khans the team needed to buy a 2L Vanilla ice cream and eat it before they received the next clue that sent them to Drummond Park to where there were 150 cones set up on the ground and under one of them was the next clue for the team. The next clue sent them to the Heritage Park where they had to pick up 100 marshmallows with chopsticks and move them from one bowl to another bowl 5 metres away. The next clue sent them back to Drummond Park. Here one member of the team blindfolded, had to remove exactly \$2 worth of 5c pieces from a jar before receiving the next clue. The next clue was a clue map that sent them looking around the park for the other clues. The team eventually ended up at the graffiti wall in the skate park. Here they could either do a 100 piece puzzle or three members of the team had to eat 3 cans of cold spaghetti without using their hands. From here it was a race to the finish at the rotunda in the middle of Drummond Park.



1st Place was Miss Neyland's Team of:

Stephanie Cartner, Stephanie Mitchell, Tayla Rose Zani, Thomas Potter, Alice Potter, Makaila Gordon, Brandy Shephard, Kaddison Negus Rodman

Second Place was Miss Jacobson's Team of:

Rourke Lennon, Jackson Goonrey, Brinley Obray, Alexander Mitchell, Jasey Bruce, Summer-Rose Stingemore, James Anderson, Jasmin Bishop, Lariah Cooney

Cobar High School and Cobar High School Student Representative Council, would like to thank all the businesses for the assistance they provided in the running of the Cobar High School AMAZING Race:

Thanks to:

Cobar Public School, Cobar Bowling and Golf Club, Cobar Council, BP, Fire and Rescue NSW, Cobar Post Office, Cobar Youth Centre, The Great Western, Cobar Medical Centre, J & K Butchers, Khans IGA, Students of Cobar High School, Staff from Cobar High School and the 13.5 Km of walking / running during the AMAZING Race 2013

Western Region Athletics Carnival

On Friday 26th of July Cobar High School was represented by 5 students at the Western School Sports Association Athletics Carnival in Bathurst.

It was a successful day for each of the students from Cobar High School with all of them progressing to the State Combined High Schools Carnival to be held in Homebush later in the term.

Cobar High School students qualified for each of the following events:

Hannah Kriz: U/13 Girls Discus (1st) 20.12m.

Annie Mugugia: U/13 Girls Discus (2nd) 19.76m, 200m (2nd) 31.14sec.

Taylah Good: U/14 Girls 100m (2nd) 14.35sec, Triple Jump (1st) 8.37m, 80m Hurdles.

Quinton Place: U/14 Boys 800m (2nd) 2:36:00mins.

Andrew Rorke: U/14 Boys 100m (2nd) 12.72sec.

We would like to wish each of these students the best of luck at the state carnival.

A big thank you to each of the parents who took the time out to take students to Bathurst, especially Narelle Kriz who volunteered to be the representative for Cobar High School on the day.

CentaCare's Family Mental Health Support Service would like to invite you to a free

MORNING TEA FOR CARERS

Are you a Carer?

- *Do you live with or support someone with a mental illness?*
- *Do you care for someone with a physical illness?*



If so, come along and enjoy a free morning tea and some well deserved time out on the third Wednesday of each month.

At "Gumnut Gifts and Homewares", Cobar

10.30am—11.30am

on

21st August

18th September

16th October

20th November

18th December

To RSVP or for further information please contact:

Libby Bramble

FMHSS worker

CentaCare 20 Richard St Bourke

02 6872 1551

lbramble@centacarewf.org.au

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Year 12 Trial Examinations

MONDAY 12 TH August	TUESDAY 13 TH August	WEDNESDAY 14 TH August	THURSDAY 15 TH August
English Standard Paper 1 8:55 AM – 11:05 AM (2 hours, 10 minutes) English Advanced Paper 1 8:55 AM – 11:05 AM (2 hours, 10 minutes) English Extension 1 8:55 AM – 11:05 AM (2 hours, 10 minutes)	Mathematics 8:55 AM – 12:00 PM (3 hours, 5 minutes) Mathematics General 8:55 AM – 11:30 AM (2 hours, 35 minutes)	English Standard Paper 2 8:55 AM – 11:00 AM (2 hours, 5 minutes) English Advanced Paper 2 8:55 AM – 11:00 AM (2 hours, 5 minutes)	Legal Studies 8:55 AM – 12:00 PM (3 hours, 5 minutes) Music 8:55 AM – 10:00 AM (1 hour, 5 minutes)
Entertainment – Distance Education 12:25 PM – 2:30 PM (2 hours, 5 minutes) Biology 12:25 PM – 3:30 PM (3 hours, 5 minutes) Biology - Distance Education 12:25 PM – 3:30 PM (3 hours, 5 minutes) Physics 12:25 PM – 3:30 PM (3 hours, 5 minutes)	Business Services 1:00 PM – 3:05 PM (2 hours, 5 minutes) Hospitality 1:00 PM – 2:35 PM (1 hour, 35 minutes)	Business Studies 12:25 PM – 3:30 PM (3 hours, 5 minutes) Chemistry 12:25 PM – 3:30 PM (3 hours, 5 minutes) IPT 12:25 PM – 3:00 PM (2 hours, 35 minutes) Modern History 12:25 PM – 3:30 PM (3 hours, 5 minutes) PDHPE – Distance Education 12:25 PM – 3:30 PM (3 hours, 5 minutes)	Metals and Engineering 1:00 PM – 3:05 PM (2 hours, 5 minutes) Visual Arts 1:00 PM – 2:35 PM (1 hour, 35 minutes)

**Students must be at
exam 15 minutes
before Exam starting
time.**



**EXTERNAL
COMPETITIONS 2013**

**ICAS Mathematics
Tuesday 13th August 2013**

AECG Meeting

Wednesday 7th August

11:30am

Cobar High School

All Welcome



**No
Jnr Soccer**

**Saturday 10th August
Due to AFL Northern League
Finals**

Student medical forms

During Terms 3 and 4 we will be updating our medical records systems to ensure we have the most up-to-date information on your child's health.

If you have a child with a medical condition you will receive a copy of the new forms in the mail and will need to fill them out and return them to us as soon as you can.

The good news is we have already started collecting some of this information, which means less for you to do.

The new forms will help us collect your child's important medical information and the introduction of new systems will mean we'll be able to better manage the daily and emergency health needs of your child.

We appreciate your support as we start collecting the information, and if you have any questions please call.



Assessments Due Week 4

Year 7:	Maths-Assignment
Year 8:	Maths Task
Year 9:	PASS
Year 10:	Mathematics PASS
Year 11:	Music 1
Year 12:	Assessment Free Week

Assessments Due Week 5

Year 7:	Science-Matter & Astronomy Visual Representation
Year 10:	Science
Year 11:	Business Studies
Year 12:	Trial HSC Exam

HSC resources to help your child

Is someone in your house preparing for the HSC? Here is some practical advice on everything from writing an essay to helping the rest of the family stay supportive (and sane) while your teen works towards their final exams.

Find out more: <http://www.schoolatoz.nsw.edu.au/homework-and-study/homework-tips/tips-for-surviving-the-hsc/hsc-resources-to-help-your-child>

What's On - Week 4 & 5, Term 3

Monday 5th August:	Work Placement
Tuesday 6th August:	Work Placement
Wednesday 7th August:	2014-Year 11 Course Information Evening; PWS: 6pm Work Placement
Thursday 8th August:	Work Placement
Friday 9th August:	Work Placement

Monday 12th August:	Year 12 Trials
Tuesday 13th August:	Year 12 Trials Mathematics Competition Period 5; NRL Visitors: speaking about healthy eating and choices: Years 7-11
Wednesday 14th August:	Year 12 Trials
Thursday 15th August:	Year 12 Trials
Friday 16th August:	Mid Term Break

P & C Meeting

Tuesday 3rd September
School Library
7:30pm
ALL WELCOME