



NEWSLETTER

Cobar High School

7th February, 2013

2013

Term 1

Boys CHS Cricket

Sydney

11th - 14th February

Girls CHS Cricket

Sydney

18th - 21st February

Swimming Carnival

19th February

Students roll call 8.55am
at School.

Mid Term Break

Friday 1st March

Monday 4th March

School Photos

Monday 18th March

Parent Teacher

Interviews

Tuesday 19th March

MPC

5pm-7pm



Where There's a Will There's a Way



**Positive
Behaviour
for Learning**

Respect.

Excellence.

Safety

PO Box 454 Wetherell Crescent, COBAR NSW 2835
Phone: 6836 2705 Fax: 6836 1142 www.cobar-h.schools.nsw.edu.au

Welcome to 2013



Our new staff for 2013 are:

Front Row: Susan Donaldson (Special Education), Tarnika Wood and Emma Stowe (Science)

Back Row: Robert Phillis (Mathematics), Daniel Inkley (English), Mitchell Adams (TAS) and Nolan Matthews (HSIE).

Homework Centre

The Homework Centre will be operating once again this year beginning on Wednesday 13th February. It will operate each Wednesday and Thursday in term time from 3.30—5pm in the Library. Thank you to CSA Glencore for sponsoring the Homework Centre.

Library—Learning Centre

We have made a number of changes to the Library to enable it to function as a learning centre. One room has become a Senior Study, another room is for students who are studying subjects via distance education. There are now also a number of staff based in the library to provide consistent

assistance to students working in the library. Staff based there are:

Peter Luck—Head Teacher Mentor

Ashley McCormack—Librarian

Lee Goodwin—Careers Adviser

Leanne Carswell—Learning and Support Teacher, ESL, Girls Supervisor and Welfare

Lynne Fennamore—Learning and Support Teacher (Tuesday and Thursday).

A range of literacy and numeracy programs will also be operating in the library.

Parents and Cars

If you are driving your student to school, please do not drive onto school grounds. Please park at the curb near one of the gates and drop your student off. Our driveways are too narrow to cope with large amounts of traffic.

Uniform

Please ensure that your student is in correct school uniform every day. Of particular importance is the enclosed black leather shoes. Your student will not be able to participate in a number of subjects if they do not have the correct shoes.

Swimming Carnival

Please note the details of our swimming carnival on page 3. We are no longer permitted to have the arrangements that have previously operated.

Sue Francisco

Executive Staff:

Principal: Sue Francisco

Deputy Principal: Shane Carter

Head Teacher English: Carolyn McMurtrie

Head Teacher Mathematics/PDHPE: Megan Hamblin

Rlg Head Teacher Science/TAS: Benn Wright

Head Teacher HSIE: John Carswell

Head Teacher Mentor: Peter Luck

School Admin Manager: Merryn McIntyre

Year Advisers 2013

Year 6: Doug Armstrong

Year 7: Amie Jacklin

Year 8: Cassandra Locke

Year 9: Doug Armstrong (Term 1 rlg for Benn Wright)

Year 10: Todd Fugar

Year 11: Chris Marshall

Year 12: Bianka Jacobson

SRC Co-Ordinator: Chris Marshall

Girls Adviser: Leanne Carswell

2013 Swimming Carnival

The 2013 Cobar High School Swimming Carnival will be held during the day on Tuesday 19th February, 2013 at the Cobar Memorial Pool.

All students are required to attend school as usual and will then walk to the Cobar Memorial Pool for a 10:00am start.

Students are expected to support the carnival even if they choose not to swim.

Absences will need to be explained.



Cobar Girl Guides

Resumes on Tuesday 12th February 2013 5pm-6.30pm

All current & new girls invited to join us. Ages 8-18

Brennan St. (near ward oval)

Contact: Cathy Manns 6836 1206 or 0427 361 206

2013 homework planner

Kids and families run more smoothly when there's a plan. The 2013 homework and study calendar includes key dates and school holidays. You can print it out month by month, or by the whole year.

Find out more <http://www.schooltoz.nsw.edu.au/homework-and-study/homework-tips/2013-homework-planner>

Parents pool their tips

Ask your child to write all their teachers' names on their timetables and make a copy for the fridge. Find out more: <http://www.schooltoz.nsw.edu.au/homework-and-study/planning-for-the-future/back-to-school-checklist>

CALLING ALL PARENTS!!!

Are your children about to reach adolescence?

Want some tips about how to best reach out to yours and other people's kids?

Or just hear some funny experiences about parents navigating the teenage years?

'FREE' SEMINAR

Cobar Mental Health Network

are proud to present Maggie Dent;
"international author and parenting expert"

When? Monday 11th February 2013
6:30pm—8:30pm

Where? Cobar Bowling and Golf Club
Bloxham Street, COBAR NSW 2835

Why? To gain insight with tips on parenting adolescents

Who is Maggie Dent?

Maggie Dent is an author, a parenting and resilience expert with a special interest in the years of adolescence.

She is a passionate advocate for the healthy, common sense raising of children that strengthen families and communities.



A "FREE" light supper will be provided

RSVP to Katrina on 0488 699 312 for catering purposes or further information

**PBL
Vision Statement**

**"Cobar High School
strives for excellence in a
safe and respectful
environment".**

Vaccine for boys

In 2013 boys in Year 7 will be offered a vaccine that protects against infections that can lead to cancer. The vaccine is already available for girls.



Find out more: http://www0.health.nsw.gov.au/news/2012/20121122_02.html

Benefits of team sports

If you want your child to grow up to be a confident and well-adjusted adult, then team sports may well be the answer. Benefits include learning how to be more resilient, and being less likely to feel isolated. Find out more: <http://www.schoolatoz.nsw.edu.au/wellbeing/fitness/benefits-of-team-sports>



**2012 SCHOOL MAGAZINE
AVAILABLE FROM THE
FRONT OFFICE**

Verdigris 2012
Cobar High School—Annual Magazine

**DVD \$5.00
BOOKLET \$15.00
(orders taken)**

Anaphylaxis information

If your child is diagnosed at risk of a severe allergic reaction, particularly anaphylaxis, the Anaphylaxis Procedures contain information for schools and parents designed to minimise the risk to students. If your child has an allergy it is important to let us know – see Action steps for parents.

Find out more: <http://www.schools.nsw.edu.au/studentsupport/studenthealth/conditions/anaphylaxis/index.php>

New Product Appearance!

PHARMACIST ONLY MEDICINE
KEEP OUT OF REACH OF CHILDREN

EPIPEN[®]
300 µg Adrenaline Injection Syringe Auto-Injector
For Allergic Emergencies (Anaphylaxis) AUST R 42978

Sign-up for the EpiPen[®] Patient Support Program. Registration Form Inside

alphapharm

The Auto-Injector delivers a single dose containing 300 µg Adrenaline in 0.3 mL Intramuscular Use Contains No Latex

What's On - Week 3 & 4 Term 1

Monday 11th February: Maggie Dent Workshop: Periods 5 & 6
Professional Learning; Dubbo: T Fugar

Tuesday 12th February: Maggie Dent Workshop: Periods 1 & 2

Tuesday 19th February: Swimming Carnival; School Roll Call 8.:55am
Pool 10:00am

Friday 22nd February: Moorambilla Workshop: Periods 5 & 6